1. Healthcare Services and Access

SUA operates a Council Level Hospital and two health centres, providing healthcare to students, staff and surrounding communities. SUA Hospital provides several essential healthcare services free of charge, including HIV testing and treatment, tuberculosis screening and treatment, antenatal care and prevention of mother-to-child transmission of HIV (PMTCT), child growth monitoring, family planning and immunisation. Youth-friendly counselling on reproductive health, mental health and sexually transmitted infections is also provided free of charge.

Other healthcare services, including general and specialist consultations, hospital admissions, surgery, dental care, radiology and treatment of conditions identified through youth-friendly counselling, are accessed through medical insurance or direct payment. All SUA students are required to have valid medical insurance to facilitate access to these services during their studies.

Between August 2025 and May 2026, SUA health facilities recorded 21,042 curative service contacts, including general and specialist consultations, admissions, surgery, dental care and radiology. During the same period, 308 hospital deliveries and 134 major surgical procedures were recorded.

The University also operates a voluntary Community Health Fund to complement the National Health Insurance Fund (NHIF), helping staff and their dependants meet healthcare costs not covered by NHIF. During 2025/26, the scheme reportedly covered 3,168 beneficiaries, comprising 696 staff members and 2,472 dependants, and facilitated more than 2,000 healthcare services.

Preventive healthcare is an important part of the University's services. Between August 2025 and May 2026, SUA health facilities recorded 11,074 preventive service contacts, including 2,696 child vaccinations, 5,033 child growth-monitoring contacts, 2,003 pregnancy-monitoring contacts, 428 family-planning contacts and 812 tetanus vaccinations. Students also have access to sexual and reproductive healthcare, HIV testing, counselling and health education.

2. Health Promotion and Well-being

SUA provides counselling and psychosocial support services free of charge to students and staff, alongside mental healthcare services. During 2025/26, the University supported the identification and treatment of a student experiencing mental health challenges and trained 16 staff members in mental health.

The University also provided financial support to five staff members living with HIV/AIDS, in accordance with government guidelines. The Hospital Services Unit reported treatment and counselling for 1,129 staff, students and community members on communicable and non-communicable diseases.

Sports and recreational facilities provide opportunities for physical activity, fitness and healthy lifestyles. SUA also has tobacco-control arrangements under development, intended to reduce exposure to tobacco smoke and promote a healthy campus environment.